



COMMUNITY CARE  
— FELLOWSHIP —

## BLESSING BAGS

### Shopping list:

#### **Any individually wrapped snack or drink:**

Breakfast bars, cereal bars, granola bars, protein bars

Applesauce

Peanut butter and cheese crackers

Single-packaged nuts and trail mix

Vienna sausage in pop-top can

Foil tuna packs (not requiring a can opener)

Coffee

Bottled water

#### **Grooming and hygiene products:**

Combs

Hand lotion, Lip balm

Face towels

Soap, Hand sanitizer

Toothbrush and toothpaste

#### **Other useful items:**

Plastic utensils

Sunscreen

Insect repellent

Gallon-size Ziploc® bags

Mints

*\* Blessing Bag list adapted from Dallas Hope Charities*